

What is causing you to get lost on your leadership journey? Likely you'll find the answer in one of the five barriers. Once you identify your personal barrier - you can start to break down that barrier to continue on your journey. So what is your barrier?

Need – what you're doing right now seems to work ok. You may not really be inspired to do anything different.

Timing – when you look at your calendar – it is hard to imagine finding the time to reflect, commit, and attempt to adjust your leadership skills.

Cost – by doing nothing, what happens to your leadership journey – and what is the cost of waiting? Or is the cost barrier really more about what it costs to make a change?

Distrust – when you think about your leadership journey – you may not feel 100% about the game plan, whether it will matter, if you're able to make it happen. Is the distrust about yourself or someone else?

Education – you may feel the need to be collecting more information on how to move ahead in your leadership skills.

Know what is stopping you. Be honest with the barrier; and whether you are willing to accept where you're at or take action to move forward.

Mike Krutza and Jodi Wiff are leadership coaches that work with individuals who want to grow in their leadership skills. As coaches they guide and help clients make huge strides forward.

